



Rubber Band Guide

Looking for rubber bands that won't snap when you use them, that don't take the strength of a body builder to stretch and apply? Worried about aggravating your latex allergy? Choosing the best rubber bands for your project, your comfort and your budget depends on three key factors:

- Rubber Content
- Cut Width
- Flat Length

Rubber band strength and elasticity determined by rubber content and width

Despite the name, not all rubber bands are completely made of rubber. They also contain filler materials, and that affects band elasticity, tensile strength and weight. **Rubber content** determines:

- How many times you can use a rubber band before it breaks?
- How hard a rubber band is to stretch and apply?
- How many rubber bands can you get in a package?
- How tightly the rubber band binds?

The more rubber a band has, the more times you can use it, the easier it is to apply and remove, and the more you get in a package.

Lower rubber content bands provide the tightest hold, so they are ideal for binding sturdy items.

Highest Rubber Content <----- Mid-Range -----> Lowest Rubber Content

Best for packaging pliable goods.	Best for fast application and repeat use.	Best for everyday office use.	Best for binding sturdy items.	Best for single applications and tight holds.
--	--	--------------------------------------	---------------------------------------	--

Thinnest Bands <----- Medium Bands -----> Thickest Bands

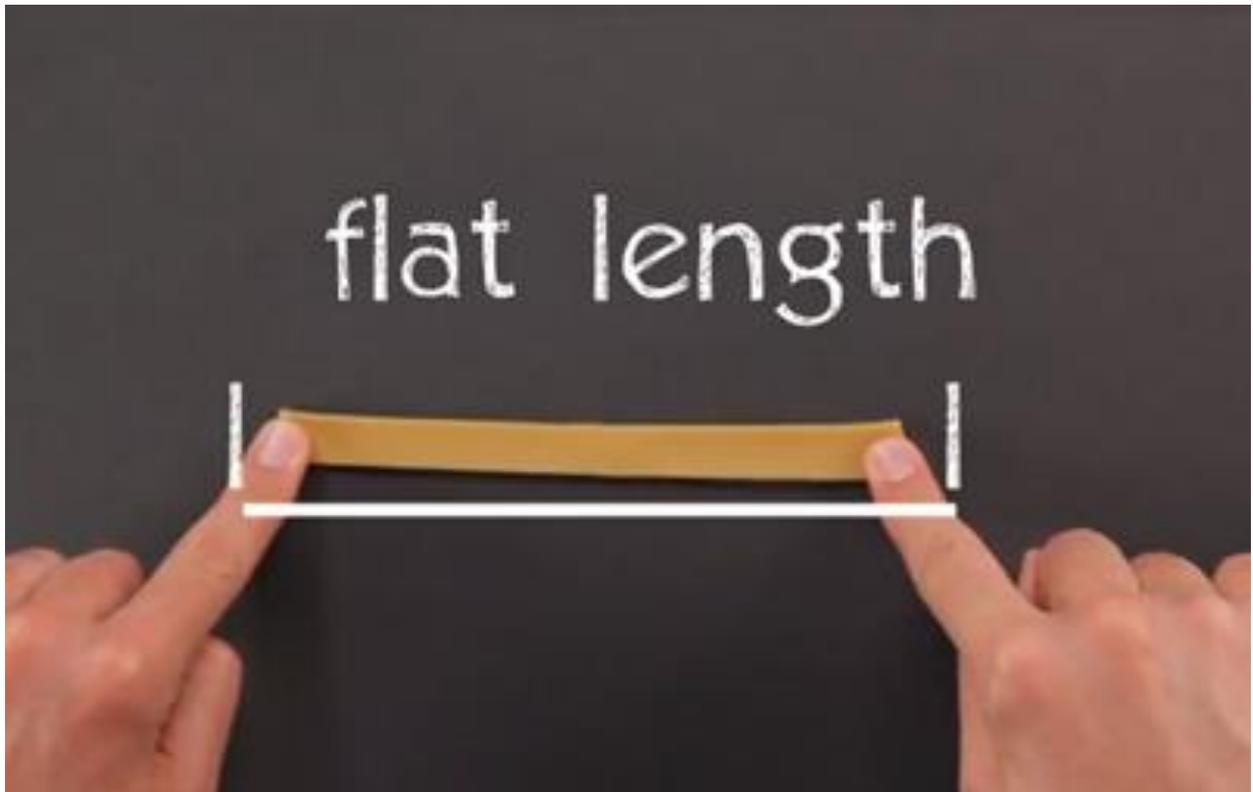


The **cut width**, or the width of the band perpendicular to the length, is as important as rubber content in picking the right rubber band for your project.

The thinner the rubber band, the easier it is to apply and the softer the hold. The wider the rubber band, the harder it is to apply and the tighter the hold. So, if you have two rubber bands of the same length, but differing widths, the wider rubber band will be tougher to apply and remove, but will provide a tighter hold.

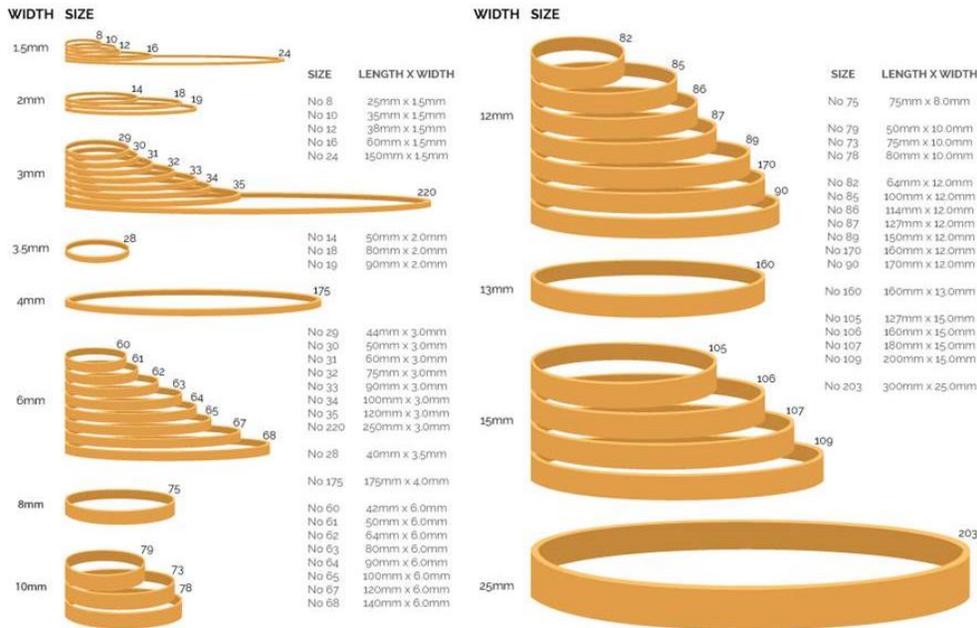
Rubber Band Length - how big is your bundle?

Rubber band length is measured by laying the band flat and measuring the distance from end to end.



The flat length should be less than half the circumference of the item(s) you are binding. If a rubber band is too long, it won't provide any holding power. Use a string to measure the circumference of your bundle if you are unsure of the size.

RUBBER BAND SIZE CHART



SIZE	LENGTH X WIDTH	SIZE	LENGTH X WIDTH	SIZE	LENGTH X WIDTH
No 8	25mm x 1.5mm	No 35	120mm x 3.0mm	No 86	114mm x 12mm
No10	35mm x 1.5mm	No 60	42mm x 6.0mm	No 87	127mm x 12mm
No12	38mm x 1.5mm	No 61	50mm x 6.0mm	No 89	150mm x 12mm
No 14	50mm x 2.0mm	No 62	64mm x 6.0mm	No 170	160mm x 12mm
No 16	60mm x 1.5mm	No 63	80mm x 6.0mm	No 90	170mm x 12mm
No 18	80mm x 2.0mm	No 64	90mm x 6.0mm	No 105	127mm x 15mm
No 19	90mm x 2.0mm	No 65	100mm x 6.0mm	No 106	160mm x 15mm
No 24	150mm x 1.5mm	No 67	120mm x 6.0mm	No 107	180mm x 15mm
No 28	40mm x 3.5mm	No 68	140mm x 6.0mm	No 109	200mm x 15mm
No 29	44mm x 3.0mm	No 73	75mm x 10.0mm	No 175	175mm x 4.0mm
No 30	50mm x 3.0mm	No75	75mm x 8.0mm	No 160	160mm x 13mm
No31	60mm x 3.0mm	No78	80mm x 10.0mm	No 203	300mm x 25mm
No32	75mm x 3.0mm	No79	50mm x 10.0mm	No 220	250mm x 3.0mm
No33	90mm x 3.0mm	No82	64mm x 12.0mm		
No34	100mm x 3.0mm	No85	100mm x 12.0mm		